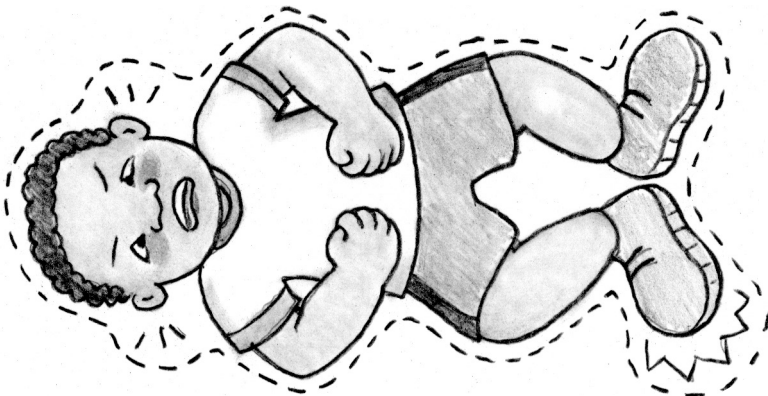


Feelings

Sometimes I'm happy, sometimes I'm lonely
Sometimes I'm worried and sad
Sometimes I'm brave, sometimes I'm scared
Sometimes I'm angry and mad.

I smile when I'm happy, I cry when I'm lonely
I shout and stamp if I'm mad
I shake when I'm scared, blush if embarrassed
And jump up and down when I'm glad.



Stick Puppet Patterns

Directions: Read the poem "Feelings" to the children and discuss each of the emotions. Copy the five children below, color, cut out, and laminate them for durability. Attach the finished patterns to craft sticks using double-stick tape. Let the children enjoy using the stick puppets as you read the poem.

